

Food supplement

Ingredients: Organic Lion's Mane Mushroom (*Hericium erinaceus*) mycelium and fruiting body powder, Skullcap (*Scutellaria lateriflora*) Herb Powder, Black rice (*Oryza sativa*), Bacopa (*Bacopa monnieri*) Herb Powder, Sensoril® Ashwagandha (*Withania somnifera*) Root and Leaf Extract, CDP Choline Sodium Salt, Sharp-PS® Green Phosphatidylserine, Hypromellose, Leucine.

Suggested use: Take 1 - 2 x 2 caps per day with or without food, children under 6 years: take 2 x 1 caps per day. Do not exceed the suggested dose.

Storage conditions- Advise for use: Keep out of reach of children.

Store in a cool dry place. Keep in closed container below 25° C. Does not replace adequate diet or healthy lifestyle. Consult a physician if you are pregnant, breast feeding or following a medical treatment.

NUTRINED

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**Researched
Nutritionals®**
solutions for life

BDNF Essentials®



120
Vegecaps
103,95g
Net weight

Composition

	Amount per serving*	Daily value RI %
Lions Mane Mushroom (<i>Hericium erinaceus</i>)	500 mg	-
Skullcap (<i>Scutellaria lateriflora</i>)	200 mg	-
Black Rice (<i>Oryza sativa</i>)	200 mg	-
Bacopa (<i>Bacopa monnieri</i>)	150 mg	-
Sensoril® Ashwagandha (<i>Withania somnifera</i>)	125 mg	-
CDP Choline	125 mg	-
Sharp-PS® phosphatidylserine	50 mg	-

* Daily dose based on 2 vegecaps

Expiry date - Lot N°: see packaging

