



\*RS000\*



## Food supplement

**Ingredients:** Organic Lion's Mane Mushroom (*Hericium erinaceus*) mycelium and fruiting body powder, Skullcap (*Scutellaria lateriflora*) Herb Powder, Black rice (*Oryza sativa*), Bacopa (*Bacopa monnieri*) Herb Powder, Sensoril<sup>®</sup> Ashwagandha (*Withania somnifera*) Root and Leaf Extract, CDP Choline Sodium Salt, Sharp-PS<sup>®</sup> Green Phosphatidylserine, Hypromellose, Leucine.

**Suggested use:** Take 1 - 2 x 2 caps per day with or without food, children under 6 years: take 2 x 1 caps per day. Do not exceed the suggested dose.

**Storage conditions- Advise for use:** Keep out of reach of children.

Store in a cool dry place. Keep in closed container below 25° C. Does not replace adequate diet or healthy lifestyle. Consult a physician if you are pregnant, breast feeding or following a medical treatment.

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# BDNF Essentials<sup>®</sup>



120  
Vegecaps  
103,95g  
Net weight

## Composition

Composition	Amount per serving*	Daily value RI %
Lions Mane Mushroom ( <i>Hericium erinaceus</i> )	500 mg	-
Skullcap ( <i>Scutellaria lateriflora</i> )	200 mg	-
Black Rice ( <i>Oryza sativa</i> )	200 mg	-
Bacopa ( <i>Bacopa monnieri</i> )	150 mg	-
Sensoril <sup>®</sup> Ashwagandha ( <i>Withania somnifera</i> )	125 mg	-
CDP Choline	125 mg	-
Sharp-PS <sup>®</sup> phosphatidylserine	50 mg	-

\* Daily dose based on 2 vegecaps

Expiry date - Lot N°: see packaging

